

Lifesaving CPR and AED facts

Each year, June 1-7 is dedicated to raising awareness of the importance of CPR and AEDs. The SADS Foundation provides resources and information to prevent sudden cardiac death in the SADS community.

CPR and AEDs increase survival rates

In out-of-hospital settings when defibrillation with an AED is administered within the first 3 to 5 minutes of a SCA victim's collapse, an average survival rate of 74% can be achieved.



SCA IN THE SADS COMMUNITY

Sudden Cardiac Arrest is the third leading cause of death in the U.S., affecting more than 356,000 people each year with out-of-hospital sudden cardiac arrests (90% are fatal), including more than 7,000 youth under age 18.

BYSTANDER CPR

Nearly 45% of out-of-hospital cardiac arrest victims survived when bystander CPR was administered.



WHERE SCA HAPPENS

4 out of 5 cardiac arrests take place at home. You can save a life by knowing the lifesaving skills of CPR and AEDs.

CALL, PUSH, SHOCK

You can triple a victim's chance of survival when you remember these steps: CALL 9-1-1, PUSH by giving CPR, and SHOCK using an AED.

